










unkhannock High School February 2019 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Bosco Cheese Sticks w/ Marinara Sauce Salad w/ House Dressing Mixed Fruit</p>
<p>4 Chicken Nacho Salad</p> <p>Tortilla Rounds W/ Taco Meat Cheese, Lettuce & Tomato Refried Beans Chilled Peaches</p>	<p>5</p> <p>Bacon Cheeseburger On a bun Baked Fries Chilled Peaches</p>	<p>6</p> <p>Mrs T Pierogies W/ Onion & Butter Broccoli w/ choice of Cheese Sauce Mixed Fruit</p>	<p>7</p> <p>Hot Dog on a Bun w/ Chili & Cheese Baked Beans Baked Fries Chilled Pineapple</p> 	<p>8</p> <p>Max's Cheesy Bread Sticks w/ Sauce Salad w/ House Dressing Pineapple Tidbits</p>
<p>11</p> <p>Chicken Fryz WW Roll Mashed Potato & Gravy Steamed Broccoli Mixed Fruit</p>	<p>12</p> <p>Two Tangy Tacos w/ Meat & Cheese</p> <p>Lettuce & Tomato Cup Steamed Rice Refried Beans Chilled Peaches</p>	<p>13</p> <p>Open Faced Turkey Sandwich w/ Gravy</p> <p>Mashed Potatoes Steamed Carrots Apple Crisp w/ Topping</p>	<p>14</p> <p>Buffalo Chicken Pizza Celery w/ Blue Cheese Seasoned Fries Chilled Pears</p> 	<p>15</p> <p>Bosco Cheese Sticks w/ Marinara Sauce Salad w/ House Dressing Mixed Fruit</p>
<p>18 Tiger Bowl</p> <p>Popcorn Chicken Mashed Potatoes, Corn Topped w/ Gravy & Cheese Whole Wheat Roll Chilled Peaches</p>	<p>19</p> <p>French Toast Sticks W/ Syrup Sausage Patty Tater Tots Warm Cinnamon Apples</p>	<p>20</p> <p>Rotini w/ Sauce & / or Meatballs Garlic Bread Tossed Salad w/ House Dressing Spice Cake</p>	<p>21</p> <p>Chicken & Cheese Quesadilla</p> <p>Salsa & Sour Cream Baked Seasoned Fries Mandarin O ranges Cup</p>	<p>22</p> <p>Pretzel Bun Melt</p> <p>Tomato Soup Pickle Spear Assorted Fruit</p>
<p>25</p> <p>Chicken Tenders WW Roll Mashed Potato & Gravy Steamed Broccoli Mixed Fruit</p>	<p>26 Nacho Grande</p> <p>Tortilla Rounds W/ Taco Meat Cheese, Lettuce & Tomato Refried Beans Chilled Peaches</p>	<p>27</p> <p>Pulled Pork BBQ On a bun Pickle Tater Tots Chilled Pineapple</p>	<p>28</p> <p>Bacon Cheeseburger On a bun Baked Fries Green Beans Chilled Pears</p>	

Questions or Comment?
Please call Jackie at
836-8268.

MENU SUBJECT TO CHANGE

Lunch \$2.90
Breakfast \$1.80
Milk \$.50



Choice of Milk served Daily
(1% & Skim White & Fat Free Flavored)
Fresh Fruit Variety & 100% Juice Served Daily
(Apple, oranges, Bananas and Seasonal Fruit)

What is a Meal?
You must choose 3 of 5 Components offered.
(Minimum of 1/2 cup of Vegetable or fruit must Taken daily.)

Choices:
Meat or Meat Alternative
Grain
Vegetable
Fruit
Milk

