

Tunkhannock Primary Center December 2018 Lunch Menu



Milk \$.50
All Students may get one Lunch



Alternates
12/3 Nardone Pizza
12/10 Strawberry banana Yogurt w/ Graham Crackers
12/17 Nardone Pizza

PBJ SERVED DAILY

What is a Meal?
You must choose 3 of 5 Components offered.
Minimum of 1/2 cup of Vegetable or fruit must Taken daily.

Meat or Meat Alternative
Grain
Vegetable
Fruit



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk Choices: White: 1% or Fat Free or FF Chocolate</p>				
<p>3 Chicken Sticks w/ dipping sauce Whole Wheat Roll Mashed Potatoes & Gravy Mixed Fruit</p>	<p>4 French Toast Sticks w/ syrup Sausage Patti Tater Tots Cinnamon Apple Sauce</p>	<p>5 Nacho Grande WG Taco Rounds w/ taco meat & Cheese Lettuce & Tomato Corn Chilled Peaches</p>	<p>6 Hot dog on a Bun Tater Tots Mixed Fruit</p>	<p>7 Beacon Street Cheese Sticks w/ sauce Steamed Broccoli Chilled Peaches</p>
<p>10 Chicken Patty on a Bun Baked Fries Chilled Peaches</p>	<p>11 Spaghetti w/ Meatballs & Sauce Tossed Salad w/ Dressing Sun Cup 100% Fruit Juice</p>	<p>12 Tangy Tacos Steamed Brown Rice Yellow Corn Salsa Chilled Peaches</p>	<p>13 Christmas Dinner Star Shaped Nuggets WW Roll Mashed Potato & Gravy Corn Assorted Fruit <i>Ice Cream Treat</i></p>	<p>14 Stuffed Crust Pizza Seasoned Broccoli Assorted Fruit</p>
<p>17 Chicken Nuggets W/ Dipping Sauces Buttered Egg Noodles Broccoli Chilled Pears</p>	<p>18 French Toast Sticks w/ syrup Sausage Patti Tater Tots Cinnamon Apple Sauce</p>	<p>19 Nacho Chicken WG Taco Rounds w/ seasoned Chicken & Cheese Lettuce & Tomato Corn Chilled Peaches</p>	<p>20 Bacon Cheeseburger Tater Tots Baked Beans Mixed Fruit</p>	<p>21 Nemo Melted Cheese Sandwich Tomato Soup Crackers Peach Cup</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28 The Cafeteria Staff would like to wish everyone a Happy & Safe Christmas and New Year</p>
<p><i>A choice of milk is offered with all meals!</i></p>				

