







January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>A complete breakfast & Lunch</i> Are free to all students</p> <p><i>MILK ONLY \$1.60</i></p>				<p>Choice of Milk served Daily (1% White & Fat Free Chocolate)</p> 
<p>2</p> 	<p>3</p> <p>Cheeseburger on a Bun Tater Tots Baked Beans Mixed Fruit</p>	<p>4</p> <p>Corn Dog On a Bun Baked Fries Chilled Pears</p>	<p>5</p> <p>Pierogies Choc Tiger Bites Broccoli w/ Cheese Sauce Chilled Strawberries</p>	<p>6</p> <p>Mozzarella filled Bread Sticks w/ Sauce Tossed Salad w/ Dressing Assorted Fruit</p>
<p>9</p> <p>Chicken Sticks Homemade Mac & Cheese Carrots Mixed Fruit</p>	<p>10</p> <p><u><i>Nacho Grande</i></u> Tortilla Rounds W/ Taco Meat Cheese Lettuce & Tomato Refried Beans & Corn Chilled Peaches</p>	<p>11</p> <p>Pancakes W/ Syrup Sausage Patty Tater Tots Apple Sauce</p>	<p>12</p> 	<p>13</p> <p>Grilled Cheese Tomato Soup Assorted Fruit</p>
<p>16</p> 	<p>17</p> <p>Spaghetti w/ Meatballs WW Roll Tossed Salad w/ House Dressing Chilled Peaches</p>	<p>18</p> <p>Hard Shell Tacos W/Taco meat and Cheese. Lettuce and Tomato Cup Corn Chilled Pears</p>	<p>19</p> <p>Chicken Tenders WW Roll Mashed Potatoes Gravy Steamed Carrots Strawberries</p>	<p>20</p> <p>The Max Bread Sticks w/ Sauce Tossed Salad w/ Dressing Assorted Fruit</p>
<p>23</p> <p>BBQ Pulled Pork on a Bun Smile Potatoes Green Beans Mixed Fruit</p>	<p>24</p> <p>Hot Dog on a Bun Baked Fries Baked Beans Chilled Strawberries</p>	<p>25</p> <p>Meatball Hoagie Tater Tots Chilled Pears</p>	<p>26</p> <p>Cheeseburger on a Bun Baked Fries Chilled Peaches</p>	<p>27</p> <p>Pretzel Bun Tomato Soup Assorted Fruit</p>
<p>30</p> <p><u><i>Tiger Bowl</i></u> Popcorn Chicken Mashed Potatoes Gravy Corn WW Roll Peaches</p>	<p>31</p> <p>Tiger Muffin (English Muffin, Egg Patti, sausage, & Cheese) Hash Browns Apple Muffin</p>		<p style="text-align: center;">Let It SNOW</p>	<p>Questions or Comment? Please call Jackie at 836-8268. MENU SUBJECT TO CHANGE</p>

GRAB & GO Station

At salad Bar

Nachos

(Nacho Rounds, Salsa, Cheese, Fruit, & Milk)

PBJ

(PBJ Sandwich, Cheese Stick, Fresh Vegetable, Fruit Cup, Milk)



All Students
Receive a free
Breakfast & lunch



What is a Meal?
You must choose 3 of 5
Components offered.
(Minimum of ½ cup of
Vegetable or fruit must
Taken daily.)

Choices:

Meat or Meat Alternative
Grain
Vegetable
Fruit
Milk



Salad Bar Served
Daily
Assorted
Sandwiches
Made Fresh Daily