

### What is SAP?

- SAP is a systematic process using techniques to mobilize school resources to remove barriers to learning. It is a **CONFIDENTIAL** process.
- The core of the program is a professionally trained team, including school staff and liaisons from community alcohol and drug and mental health agencies.
- SAP team members are trained to identify problems, determine whether or not the presenting problem lies within the responsibility of the school and to make recommendations to assist the student and the parent.
- The SAP team will assist the parent and student so they may access services within the community.
- The student assistance team members do not diagnose, treat, or refer to treatment; but they may refer for a screening or an assessment for treatment.

### Is your child showing any signs of these behaviors?

- **Withdrawing from family, friends, and/or school**
- **Changing friends**
- **Unexplained injuries**
- **Talking about suicide**
- **Lying**
- **Lost interest in current activities**
- **Acting aggressively**
- **Needing money without an explanation**
- **Sudden drop in grades**
- **Experimenting with drug or alcohol**

### How does a child become involved in SAP?

- **Anyone can refer a child to the SAP team.**
- **Anyone can contact the SAP team directly.**
- **Talk to your child's school counselor, a school administrator, or any member of the SAP team for information.**



Looking for help?

## *Tunkhannock Area School District*

### *Student Assistance Program*



Sometimes it takes a  
village.  
Your school SAP team is  
here for you!

Do you know a student that may  
need help?

**The SAP team can help!**

Tunkhannock Area High-School  
570-836-8241

Tunkhannock Area Middle School  
570-836-8242

Evans Falls Elementary School  
570-298-7011

Mehoopany Elementary School  
570-712-2031

Mill City Elementary School  
570-279-4031

Roslund Elementary School  
570-836-8270

## *Available Resources*

### *Drug and Alcohol*

A Better Today 570-996-9600

Wyoming Valley Alcohol  
& Drug Services 570-820-8888

Drug & Alcohol Treatment  
Service 570-961-1997

### *Mental Health*

Children's Service Center 570-836-2772

Children and Youth 570-836-3131

National Suicide Crisis Hotline 800-784-2433

Victims Resource Center 570-836-5544

Eating Disorder Hotline 800-841-1515

