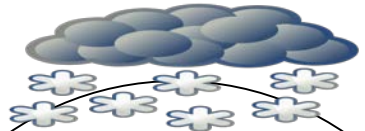


January

Tunkhannock High School Daily Menu

2019

January



Deli Express

Monday Tuna Salad
 Tuesday Chicken Salad
 Wednesday Tuna Salad
 Thursday Egg Salad
 Friday Tuna Salad

Salads & Sandwiches

made to order!

Soup w/ lunch \$1.50

Let It SNOW

Deli Line
 Turkey Bacon Wrap
 Every Wednesday

Happy New Year!



Monday
 Breakfast
 Pizza

Tuesday
 Breakfast
 Sandwich

Wednesday
 Pancake on
 A Stick

Thursday
 Breakfast
 Bagel

Friday
 Dutch Waffle

Students must choose
 3 of 4 components available
 (one component must be a fruit)
 To qualify as a breakfast: Entrée,
 1 cup of fruit & Milk.



Tiger Express

Monday, Wednesday, & Friday

Chicken Patty
 Stuffed Crust Pizza
 Cheese Steak Hoagies
 Chicken Nuggets
 White Pizza

Tuesday & Thursday

Chicken Nuggets
 Nardone Pizza
 Chicken Patty
 Tuesday: Rib B Q Sandwich
 Thursday: Meatball Hoagie

Daily Vegetable

Tues & Thursday: Colossal Fries
 Mon, Wed & Friday: Mashed
 Potatoes & Gravy

Fresh Veggies & Fruit served daily

Comments and Suggestions encouraged

Menu Subject to Change